

***@gmail.com | Denver CO

Personal Summary

Dedicated Registered Nurse and recent graduate of Colorado University's Family Nurse Practitioner program with 630 clinical hours. Bring wealth of clinical experience and commitment to providing comprehensive, patient-centered care. Skilled in assessing patient needs, administering treatments, and promoting wellness across all age groups. Proficient in infusion therapy protocols, emergency care management, and holistic approaches to healthcare.

Skills

- Effective Task Management
- Advanced EKG Analysis
- Advanced Splinting Application
- Blood Product Management
- Patient Cardiac Surveillance
- Comprehensive Sedation Management
- Intravenous Therapy Initiation
- Venipuncture Proficiency
- BIPAP Therapy Management

- Emergency Cardiac Intervention
- Diagnostic Testing Interpretation
- Medication Management
- Comprehensive Patient Assessment
- Diagnosis and Treatment Planning
- Chronic Disease Management
- Chronic Disease Management
- Telehealth and Remote Patient Monitoring:

Licenses & Certifications

- Advanced Practice Nurse Practitioner License
- Provisional Prescriptive Authority License
- DEA License
- Registered Nurse (RN): Colorado: RN.1688638, Issue date: 3/23/2023, Expiration: 9/30/2025
- ACLS, and PALS, BLS Certification: American Heart Association, Issue date: 08/22; expiration: 07/26

Experience

08/2024 - Current

CU Anschutz Medical Campus | Denver, CO

Family Nurse Practitioner Student

- Will continue to add as I progress in school
- Provided direct patient care in a variety of settings, including primary and specialty care clinics.
- Assessed patient health needs and developed treatment plans accordingly.
- Performed physical examinations and interpreted laboratory tests.
- Educated patients on preventive health measures and lifestyle modifications.
- Initiated referrals to specialists when necessary.
- Coordinated follow-up visits with patients to ensure proper recovery or management of chronic conditions.
- Counseled patients on health promotion practices, such as diet and exercise habits.
- Maintained accurate medical records for each patient visit.

Optum Infusion Pharmacy | Denver, CO Home Infusion Registered Nurse

- Provide care to all ages
- Expert in IV, PICC line and port access

Presbyterian St. Luke's and Rocky Mountain Children's Emergency Department | Denver, CO **Registered Nurse** 08/2022 - Current

Family Medicine and Wellness | Ketchum, ID **Medical Assistant**

05/2020 - 05/2021

Sterling Urgent Care | Hailey, ID **Medical Assistant** 09/2019 - 05/2020

Therapeutic Associates | Ballard, WA **Physical Therapy Aide** 09/2018 - 07/2019

Edmonds, Wa **Medical Scribe** 07/2018 - 07/2019

University of Washington | Seattle, WA **Volunteer Research Coordinator** 09/2017 - 07/2019

Institute for Stem Cell and Regenerative Medicine | Seattle, WA In-Vivo Drug screen Undergraduate Investigator 05/2017 - 07/2019

- Managed assessing patient needs, administering treatments, and monitoring responses to therapy
- Responsible for infusion therapy protocols, medication management, and patient education
- Provide emergency care to all ages
- Responsible for diversion status for EMS, and EMTALA logs
- Preceptor and charge nurse
- Managed both the adult and pediatric emergency room
- Proficient at maintaining critical patients and balancing patient care
- Meditech charting software
- Level 4 Trauma
- Fostered patient-centered care using a holistic approach to healthcare
- Retail sales of supplements, beauty products, etc..
- Assessed patients and developed individualized treatment plans emphasizing on wellness and preventative measures
- Integration of evidence-based practices from diverse medical traditions to promote well-being
- Effective communication, empathy, and a commitment to patient education are key qualities for success in this role
- Performed routine lab tests with various equipment for tests including: Alc, BAT, CBC, CMP, dipstick, drug tests, ESR/SED Rate, FLU/RIDTs, Free T4, H Pylori, Lipid, Mono, Pregnancy, PSA, PT/INR, RST, RSV, Testosterone, and TSH
- Preformed X-rays with duties including: explaining the imaging process, positioning patients, limiting radiation to patients, and taking sound quality X-rays
- Sterilized surgical equipment through an autoclave
- Prepared laboratory specimen with pipettes and a centrifuge
- Answered phone calls, scheduled patient appointments and assisted patients of all ages with physical therapy exercises
- Development of many problem solving skills, communication skills both verbally and written, the ability to show good medical judgment and the ability to maintain detailed records
- Swedish Medical Emergency Department | Thoroughly documented patient's HPI, ROS, PE, past medical history, lab results, procedures, dictated EKGs or any other pertinent information dictated by the provider
 - EPIC charting software
 - Worked on one study with patients with Huntington's disease and two studies with patients with motor neuron disease
 - Assisted in running clinical research trials, labeling patient samples, aliquoting patient samples, shipping samples, escorting patients to blood draw or between various study locations, an d data Entry
 - Worked on skills such as: Dissecting drosophila, Immunohistochemistry, Confocal Microscopy and presentation skills.

Education

University of Colorado At Boulder | Boulder, CO Master of Science in Family Nurse Practitioner *Expected in 05/2026*

William Jewell College | Liberty, MO Bachelors of Nursing 05/2022

- Honor student
- Member of the Sigma Theta Tau International Nursing honor society
- GPA: 3.8

Volunteer Experience

- Higher Ground, Volunteer, Sun Valley, Idaho, 2020-01, 2021-05
- Help those with PTSD, traumatic brain injuries, military trauma, polytrauma, etc with recreation therapy such as snowboarding, alpine skiing, nordic skiing, snowshoeing, sled hockey, etc on a variety of equipment for those with disabilities such as adaptive skis.
- Swedish Medical Center, Volunteer, Seattle, WA, 2017
- Assisted in discharging patients, answering phone calls, catering to the needs of the patients, and assisting nurses.
- Standford Virology Lab, Lab Aide, Palo Alto, CA, 2013
- Investigated CMV mutations and acquired skills such as pipetting, PCR, experimental design, and the ability of work both independently and with others